

# Surviving the First year of College!

## Two session series:

- (Series 1) Building study skills in college
- (Series 2) Navigating the resources on campus



### Open to FUSD High School Seniors & Parents

One of the most critical years in college is your freshmen year. The first year of college can be overwhelming for most entering first-year students. Not knowing what to expect or how to utilize tools to help you succeed can be challenging. To help support FUSD students' transition to higher education, we will be offering two different sessions on *surviving the first year of college*. One will be "Building study skills and avoiding the stressors," and the other is "Navigating your resources on campus." After taking these sessions, you will know what to expect and it will help you through the transition of being a successful college student!

### Topics will include the following:

- ✓ How to build study skills and alleviate stress.
- ✓ The Do's and Don'ts
- ✓ Learn about the services offered in the various departments on campus.
- ✓ Campus life and meeting deadline

Series	Date	Time
Building Study Skills	Tuesday, May 18, 2021	6:00 p.m.
Navigating Resources	Tuesday, June 1, 2021	6:00 p.m.
Building Study Skills	Tuesday, June 15, 2021	6:00 p.m.
Navigating Resources	Tuesday, June 22, 2021	6:00 p.m.

### Where- Virtual

#### **ZOOM Address**

Meeting ID: 897 8356 6933

Passcode: 5qNPeF

PRESENTED  
BY:



Fresno Unified  
School District

College & Career  
Readiness



Dr. Gloria Ponce-Rodriguez  
Manager II, Financial Literacy  
[ccr.fresnounified.org](http://ccr.fresnounified.org)

FOR MORE  
INFORMATION  
CONTACT

[Gloria.ponce-  
rodriguez@fresnounified.org](mailto:Gloria.ponce-rodriguez@fresnounified.org)  
559-248-7467

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